



CAREPatrol™
Your Partner In Senior Care Solutions



Senior Care Options with Care and Compassion

Assisted Living vs In-Home Care for Seniors

From the CarePatrol Educational Series

As individuals find themselves navigating the transition to senior care, they are faced with the question of whether they would like to have someone come into their home to provide assistance or if they would like to move into a care community. There are different factors that will influence a final decision, and for every person there will be a unique answer.

For many people, their home is the place where they'd like to stay while receiving care, and the cost of hiring a personal health care assistant is well worth it—continuing to enjoy the comfort of their own home while still receiving the assistance and care that they need on a daily basis and much more. Perhaps these individuals still live with a spouse or other family member who is unable to care for them and they would understandably like to remain close to that person. While at-home care may be a great option for many, there is something to be said about assisted living communities.

While prospective residents might have their reservations about leaving home after being attached to their long-time surroundings and accepting change, great things often await those who opt to move into an assisted living community.

Some of the improvements you can expect at an assisted living community is being surrounded by people that are just like yourself. These individuals have also decided to pursue an assisted living situation in order to better enjoy life! Activities that make part of an assisted living community include group tasks, dining, leisure and more. What may have seemed to be a daunting change at first can become a long-awaited vacation.



Residents can relax, enjoy their favorite books, movies and meals. They can also enjoy competitive games, dancing, cocktails, fishing and more. Best of all, they can do it with plenty of friends with whom they can share their happy new lives.



Home Sweet Home

In-home health aides average \$19 an hour and hired companions, who don't provide health care are slightly less expensive. If you do the math, you will see that around-the-clock assistance can run as high as \$170,000 a year, making in-home care a very costly option.

Assisted Living

The average cost for assisted-living communities in the United States is just under \$3,000 per month. Some assisted-living services in a growing number of states are covered under Medicaid, but most people pay for it themselves or through a long-term-care insurance policy.

Considering senior care options? We are your partner in the process. Contact us.



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